


Please find enclosed information regarding the upcoming all-school sports physical night on August 2nd from 5:00-7:30 pm. One of the exciting parts of any new school year is the opportunity to participate in interscholastic athletics. One of the requirements of participation is the completion of an athletic physical that must be on file with the school before they can participate in the sport of their choice.

We are fortunate in Grundy Center to have a medical community that understands and values the benefits that can be derived from participation in athletics. The Grundy County Municipal Hospital is coordinating the August 2nd night with many of the medical practitioners in our community.

Taking advantage of the all-school sports physical night is optional. You may have conflicts on that night, or perhaps you may choose to have the physical performed by another medical professional. However, having a completed athletic physical form on file with the school is a requirement before athletic participation can begin. I would also like to note, the medical professionals who will be conducting the athletic physicals at GCMH on August 2nd will be donating their time and services, and the fee that is being assessed will go towards defraying the cost of a certified athletic trainer provided by the Grundy Center School for all our student-athletes in grades 7-12.

Thank you for your time, and I look forward to a successful and rewarding 2010-2011 school year, and to working with you and your son or daughter in the years to come.

Sincerely,



Rollie Ackerman

Athletic Director

Grundy Center Community School

(OVER)

Communicating With Your Child's Coach

The Grundy Center Community School is proud of its co-curricular programs and encourages students to participate and be actively involved. As parents, when your children become involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

Communications you should expect from your child's coach:

1. Philosophy of the coach.
2. Expectations the coach has for your child as well as all the players on the squad.
3. Locations and times of all practices and contests.
4. Team requirements, i.e., practices, special equipment, out of season conditioning.
5. Procedure followed should your child be injured during participation.
6. Discipline that may result in the denial of your child's participation.

Communication coaches expect from parents:

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts well in advance.
3. Specific concerns with regard to a coach's philosophy and or expectations. As your children become involved in the programs at the Grundy Center School District, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times discussion with the coach is encouraged.

Appropriate concerns to discuss with coaches:

1. The treatment of your child mentally and physically.
2. Ways to help your child improve.
3. Concerns about your child's behavior.

It is very difficult to accept that your child is not playing as much as you may hope. Coaches are professionals. They make judgment calls based on what they believe to be best for all students. As you have seen from the list above, certain things can be and should be discussed with your child's coach.

However, the following things should be left to the coach's discretion:

1. Playing time.
2. Team strategy.
3. Play calling.
4. Other student-athletes.

There are situations that may require a conference between the coach and the parent. These are encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue or concern.

If you have a concern to discuss with a coach:

1. **DO NOT attempt to confront a coach before, during, or after a contest.** These can be emotional times for both the parent and the coach. Meetings of this nature do not promote a resolution.
2. Call the coach during regular school hours to set up an appointment.
3. If the coach cannot be reached, call the Athletic Director's office at 825-5449. A meeting will be set up between the coach and parent.

If the meeting with the coach does not provide a satisfactory resolution:

Call the Athletic Director's office and make an appointment to discuss the situation. Research indicates a student involved in co-curricular activities has a greater chance of success during adulthood. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school. We hope the information provided makes both your child's and your experience with the Grundy Center School District activities program less stressful and more enjoyable.

Rollie Ackerman
Athletic Director
Grundy Center High School